

BOOTCAMP

2022

Basic Training for Lawyers

September 20, 2022 | 8:30 AM - 4:00 PM

At this program you will learn:

- How to Overcome Imposter Syndrome
- Get Tips on Finding A Job in the New Normal
- How to Build a Strong Career Plan, Right from the Start
- Meaningful Job Opportunities for New Lawyers
- The Art of Resilience
- And more...

Get the Skills You Need
to Successfully Compete in
Today's Challenging Market.

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Presented By the Following Committees:
Career Advancement & Management
Law Student Perspectives | New Lawyer Institute

PROGRAM

This program provides recent law graduates and current law school students with critical career planning information and skill-building. During these challenging times, it's essential to learn ways to differentiate yourself and strengthen your skills. Whether you are seeking a job at a large or small firm, government, or public interest organization, starting your own firm, or not sure what your next step should be, these sessions will provide information that will help you achieve success.

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AGENDA

8:30 am – 9:00 am | Registration

9:00 am – 9:15 am | Introduction and Welcome

Susan J. Kohlmann, President, New York City Bar Association

Robye Margolius, Arnold & Porter, Committee Chair, Career Advancement and Management

9:15 am – 10:15 am | Keynote – Overcoming the Four Types of Imposter Syndrome

Elena Rand, Founder at LawScope Coaching, LLC

Join us in an interactive and informative presentation on Overcoming The Four Types of Imposter Syndrome, with author, lawyer, psychotherapist & executive coach Elena Rand JD, LMSW. In her keynote address Rand demystifies the nature and root cause of imposter syndrome, and its direct relationship to Achievement Addiction along with the Four Types of Imposter Syndrome as she walks us through:

- A clinical definition of Imposter Syndrome, the Four Imposter Types and how it can show up in day to day legal practice;
- A discussion about the Achievement Avatar that fuels your Imposter Syndrome;
- A simple exercise for identifying your Achievement Avatar and your type of Imposter Syndrome;
- How to start overcoming Imposter Syndrome using 7 Steps she discusses in her book "Achievement Addiction DETOX";
- Practical tips and tools for shifting your mindset and negative self-talk whenever imposter syndrome arises.

10:20 am – 11:20 am | Job Search: Finding Your First Job in the New Normal

MODERATOR: *Brian Farkas, Arent Fox LLP*

PANELISTS: *Samuel Erlanger, Fabricant LLP, Benjamin N. Cardozo School of Law (2020);*

Alexandra Garza, Blue Wire Media, Benjamin N. Cardozo School of Law (2020);

Fiona McFarland, NYC Law Department, Brooklyn Law School (2021);

Florence Otaigbe-Nkwocha, Church World Service, City University of New York (CUNY) School of Law (2020)

As New York emerges from the pandemic, the legal market feels more unpredictable than ever. Recent graduates must adapt their job-search to meet this unprecedented moment. How should you find your first role? What strategies may be most useful? How do hybrid interviews and hybrid work arrangements affect your search? Hear from a panel of recent graduates who faced their own job search obstacles and overcame them and find employment outside of the "traditional" on-campus recruitment. The panelists will discuss the strategies they used to find employment after law school, and will provide advice and tips for succeeding in today's job search.

AGENDA

11:30 am – 12:30 pm | Building a Strong Career Plan, Right from the Start

MODERATOR: **Perri Birnbach**, *Greiner Consulting*

PANELISTS: **John Campbell**, *New York City Law Department*; **Alicia Fabe**, *Paul, Weiss, Rifkind, Wharton & Garrison LLP*
Michael Sheffy Weil, *Gotshal & Manges LLP*;

The ending of law school marks a new stage in your legal career, with substantive legal knowledge to learn and new skills to achieve. In addition to the strong research, writing and analytical skills that are critical to being a good lawyer, you'll want to hone the other, often unspoken, skills and traits that will make you a great lawyer!

How can you make the most of this new beginning and build a strong career development plan? Do it right from the start. This diverse panel of professionals will share their insider tips on developing a career plan that will help you set yourself up for success at the early stages of your career - and beyond.

12:30 pm – 1:45 pm | Lunch and Career Conversations Practice Area Networking – Sponsored by LexisNexis

Career Conversations is your opportunity to learn and network by moving from table to table to meet with attorneys from different practice areas. Attorneys from the following practice areas will be in attendance:

- Bankruptcy & Restructuring
- Compliance
- Criminal
- Cybersecurity/Data Privacy
- Family
- Health
- Immigration
- Intellectual Property
- Personal Injury
- Real Estate
- Trust & Estates
- Labor & Employment

2:00 pm – 3:00 pm | Meaningful Job Opportunities for New Lawyers

MODERATOR: **Mary Walsh Fitzpatrick**, *Albany Law School, Career and Professional Development Center*

PANELISTS: **Danny Alicea**, *Center for Family Representation*; **Jullian Harris-Calvin**, *Vera Institute of Justice*
Sateesh Nori, *Justfix*;

You do not need to have years of experience to have a meaningful impact. There are jobs where new lawyers can have the opportunity to work closely with clients, helping them navigate difficult legal proceedings, often making a big difference in their lives. This panel will explore some of those opportunities, including tenant advocacy, criminal law, and immigration law. Learn how to find jobs in these areas and how to make your application stand out. Our panel will provide an overview of these areas of practice and share their personal career path and how you can begin your own path in these areas.

3:00 pm – 4:00 pm | The Art of Resilience

Jessica L. Hernandez, *Principal at JLH Coaching and Consulting*

In stressful times, resilience is critical to remaining positive, resourceful and productive. Furthermore, in a job search, resilience is critical to remaining engaged and presenting well. In this program, Ms. Hernandez will lay out specific tools to counteract negative self-talk, in order to stay focused on goals and maintain good mental health. Attendees will then gain practice in using the tools she describes, and will walk away with concrete strategies to build resilience for moving through real-life disappointments and obstacles with greater ease.

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includes a one-year New York City Bar membership.

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