

NEW YORK
CITY BAR

BOOTCAMP

Basic Training for Lawyers

Tuesday, September 19, 2023 | 9:00 am - 3:30 pm

Chart your course
and **get the skills you need**
in today's legal market.

A resource for recent law
grads and students while
job searching.



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nycbar.org/bootcamp

Free for sponsoring law school students and alumni

New York City Bar Association | 42 West 44th St. | Hybrid Event

PROGRAM & SPONSORS

DESCRIPTION:

This program provides recent law graduates and current law school students with critical career planning information and skill-building. During these challenging times, it's essential to learn ways to differentiate yourself and strengthen your skills. Whether you are seeking a job at a large or small firm, government, or public interest organization, starting your own firm, or not sure what your next step should be, these sessions will provide information that will help you achieve success.

SPONSORS:



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AGENDA

9:00 am – 9:30 am | **Registration**

9:30 am – 9:45 am | **Introduction and Welcome**

Michele Cerezo-Natal, *Chair, New York City Bar Board of Directors*

Robye Margolius, *Arnold & Porter; Chair, Career Advancement and Management Committee*

9:45 am – 10:45 am | **Opening Keynote - Foundations for Flourishing: Leveraging the Science of Positive Psychology to Find Greater Success and Satisfaction in Your Law Practice**

Jordana A. Confino, *Assistant Dean of Professionalism & Adjunct Professor,*

Fordham Law School; Founder, JC Coaching & Consulting

Lawyers tend to be strivers by both nature and nurture. Working in the context of a high-stress, demanding profession, we set lofty goals and work fastidiously to meet them, certain that achieving “success” will bring us satisfaction. But science shows that this logic is backward. Although we believe success will lead to happiness, the reality is that well-being actually fuels success. And the key building blocks for well-being are not necessarily what you might think.

In this keynote, delivered by certified professional coach, lawyer, and Positive Lawyering professor, Jordana Confino, participants will:

- Learn how to apply evidence-backed insights from positive psychology (the science of human flourishing) and techniques from professional coaching to effectively manage stress and enhance their personal and professional satisfaction.
- Explore the six elements of the PERMA-V model of well-being (**P**ositive Emotions, **E**ngagement, **R**elationships, **M**eaning, **A**chievement, and **V**itality) and learn strategies for increasing their experience of each of them .
- Walk away with a toolkit of exercises and an action plan for pursuing their own authentic vision of success

11:00 am – 12:00 pm | **Job Search: Finding Your First Job in the New Normal**

MODERATOR: Brian Farkas, *Arent Fox Schiff LLP; Co-Chair, New Lawyer Institute Committee; Member, New York City Bar Board of Directors*

PANELISTS: Mariam Chubinidze, *Greenwood Hanlon Kendrick Ltd.*

(Maurice A. Deane School of Law at Hofstra University 2020)

Krista Gay, *Perkins Coie LLP (Brooklyn Law School 2019)*

Emily Marshall Grigas, *Haug Partners Litigation Group (New York Law School 2021)*

As New York emerges from the pandemic and faces an uncertain economy, the legal market feels more unpredictable than ever. Recent graduates must adapt their job-search to meet this unprecedented moment. How should you find your first role? What strategies may be most useful? How do hybrid interviews and hybrid work arrangements affect your search? Hear from a panel of recent graduates who faced their own job search obstacles and overcame them to find employment outside of the “traditional” on-campus recruitment. The panelists will discuss the strategies they used to find employment after law school, and will provide advice and tips for succeeding in today’s job search.

AGENDA (Continued)

12:00 pm – 1:15 pm | **Lunch and Career Conversations Practice Area Networking** **- Sponsored by LexisNexis**

Career Conversations is your opportunity to learn and network by moving from table to table to meet with attorneys from different practice areas. Attorneys from the following practice areas will be in attendance:

- Bankruptcy & Restructuring
- Health
- Personal Injury
- Cybersecurity/Data Privacy
- Immigration
- Real Estate
- Family

1:20 pm – 2:20 pm | **Starting Off Strong: How to Build a Robust Career Plan**

MODERATOR: Perri Birnbach, *Greiner Consulting*

PANELISTS: Rachael N. Clark, *Privacy Counsel, Peloton Interactive, Inc. (via MLA); Founder, Queens of Hearts Global*

Rikki Davidoff, *Assistant Borough Chief, New York City Law Department*

Courtney Fitzgibbons, *Senior Consultant, Beard Strategies*

Jonathan Salvador, *Professional Development and Training, Shearman & Sterling LLP*

Congratulations – you graduated from finished law school and are now embarking on the next stage in your legal career. This is just the beginning of your career journey, with substantive legal knowledge to learn and new skills and milestones to achieve. In addition to the strong research, writing and analytical skills that are critical to being a good lawyer, you’ll want to hone the other, often unspoken, skills and traits that will make you a great lawyer.

How can you start your legal career start off strong and make the most of this new beginning? By building a robust career development plan right from the start! This diverse panel of professionals will share their insider tips on developing a career plan that will help you set yourself up for success at the early stages of your career - and beyond.

2:30 pm – 3:30 pm | **Closing Keynote – The Art of Collaboration: How to Have Positive, Productive Interactions in the Legal Community and Beyond**

Jon Krop, *Founder & CEO, Flourish*

When it comes to interactions in the legal world and beyond, mindset matters; the way we engage with others has a major impact on our emotions, well-being, and work. In this program, we explore simple ways to cultivate positive, effective interactions, so that you and your current and potential colleagues can produce your best work while avoiding burnout and conflict.

We identify some of the social and emotional roots of difficult interpersonal interactions, make the “business case” for cultivating qualities like patience and empathy, and explore evidence-based strategies for doing so.