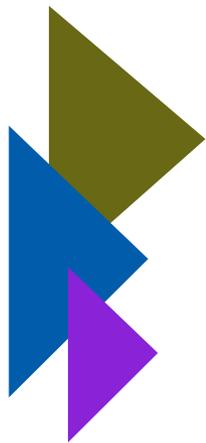


PROFESSIONAL DEVELOPMENT WORKSHOP SERIES 2019



- ▶ **Mindfulness for Lawyers: Improving Focus, Productivity, and Well-Being**
January 16
- ▶ **Say It Well: Communication Skills for Lawyers to Maximize Clarity, Demonstrate Credibility, and Enhance Delivery**
February 14
- ▶ **Relationships: The Astonishing X-Factor in Improving the Legal Profession & Enhancing Productivity**
March 22
- ▶ **Creating a More Inclusive Work Environment: Why Interrupting Implicit Bias Matters**
April 16
- ▶ **Hard Legal Ethics Questions: How to Resolve Them or, Even Better, Avoid Them**
May 16

TIME

9:00 AM - 10:45 AM

LOCATION

New York City Bar
42 West 44th Street
New York, NY

FEE

NYC Bar members and
attorneys from
sponsoring law firms:

FREE

Non-members:
\$75 per program

REGISTER

www.nycbar.org/pdw
212.382.6663



SPONSORS

Allen & Overy LLP

Cleary Gottlieb Steen & Hamilton LLP

Davis & Gilbert LLP

Davis Polk & Wardwell LLP

Dorsey & Whitney LLP

Greenberg Traurig, LLP

Hunton Andrews Kurth LLP

Jones Day

K & L Gates LLP

Kelley Drye & Warren LLP

King & Spalding

Kirkland & Ellis LLP

Labaton Sucharow LLP

New York City Law Department

Norton Rose Fulbright LLP

Proskauer Rose LLP

Schulte Roth & Zabel LLP

Shearman & Sterling LLP

Sheppard, Mullin, Richter & Hampton LLP

Skadden, Arps, Slate, Meagher & Flom LLP

Stroock & Stroock & Lavan LLP

Venable LLP

Weil, Gotshal & Manges LLP

Wilson Elser Moskowitz Edelman & Dicker LLP



Mindfulness for Lawyers: Improving Focus, Productivity, and Well-Being



WEDNESDAY, JANUARY 16, 2019 | 9:00 AM - 10:45 AM

NY CLE Credit: 1.5 Law Practice Management

Mindfulness is a hot topic in the legal profession, and much has been said about its effectiveness in reducing stress and improving productivity. As mindfulness becomes more familiar, it is time to shift the conversation from “why?” to “how?”. In this workshop, Harvard-educated lawyer and mindfulness expert Jon Krop gives lawyers the fundamental skills to bring calm, clarity, and focus into their lives and work. Jon teaches a simple, effective sitting meditation practice and other mindfulness tools tailored to a lawyer’s unique challenges and busy workday. Participants leave this foundational workshop with everything they need to establish a robust mindfulness practice that will improve performance and reduce stress.

Speaker: **JON KROP**, Founder, Mindfulness for Lawyers

Jon Krop, the founder of Mindfulness for Lawyers, graduated from Harvard Law School, cum laude, and Brown University, magna cum laude and Phi Beta Kappa. After law school, he clerked on the United States Court of Appeals for the Ninth Circuit and worked as a litigator at public-interest law firms in Los Angeles and New York City. Jon has taught mindfulness at Cleary Gottlieb, Davis Polk, Sullivan & Cromwell, WilmerHale, and more than twenty other top firms. He has also taught at Harvard Law School, Yale University, the Pentagon, the Southern Poverty Law Center, NBCUniversal, General Electric, and other organizations. Jon has practiced mindfulness for over twelve years and has studied with teachers from around the world, including the Tibetan masters Tsoknyi Rinpoche and Khachab Rinpoche as well as western teachers Gerardo Abboud, Elisha Goldstein, Ph.D., Trudy Goodman, Ph.D., and John Yates, Ph.D. Jon has sat numerous meditation retreats, including a seven-month silent retreat with meditation master and neuroscientist John Yates.

Say It Well: Communication Skills for Lawyers to Maximize Clarity, Demonstrate Credibility, and Enhance Delivery



THURSDAY, FEBRUARY 14, 2019

9:00 AM - 10:45 AM

NY CLE Credit: 2.0 Skills

Communicating with others is a skill that is often taken for granted. Yet, we can all identify the good communicators from the poor. The *Say It Well* workshop provides structure and best practices to help associates be more effective, clear and empathetic in their communication methods. Through scenario-based exercises, participants will make judgments about how to communicate as well as practice actual techniques. During this program, participants will:

- Organize your message for clarity
- Determine the best medium for your message
- Deliver your message to engender credibility
- Flex your communication style for enhanced understanding
- Think on your feet with ease

Speakers: **TRACY LALONDE**, Managing Partner, Xaphes, LLC
BURTON N. LIPSHIE, Managing Attorney, Stroock & Stroock & Lavan LLP

Tracy LaLonde has been interested in public speaking as a specific skill since she was 12 years old and has been engaged in professional public speaking in a variety of contexts for 25 years. She has worked in professional development in the high-tech and legal industries, and for ten of those years, she taught lawyers how to sell as a business development consultant. Tracy started Xaphes in an effort to combine her passion for and experience in public speaking and communication with her priority values of joy, excellence and authenticity. Given society’s heavy reliance on electronic communication, verbal communication has greatly decreased, and public speaking, in some ways, is becoming a lost art. Tracy wants to help lawyers rise above the rest and harness their authentic confidence on their journey to becoming phenomenal communicators.

Burton N. Lipshie is a 1967 cum laude graduate of Columbia Law School, and, since 1977, has been the Managing Attorney of the Litigation Department of Stroock & Stroock & Lavan, LLP, its national litigation coordinator, Director of the firm’s Attorney Enrichment Program, and Co-Chair of its CLE Committee. Before joining Stroock, he was an Assistant District Attorney in New York County, and Law Secretary to Justice Abraham J. Gellinoff, New York State Supreme Court, New York County and Appellate Term, First Department. Since 1985, Burt has also been Adjunct Professor of Law at Cardozo School of Law, where he teaches New York Civil Practice. He has been voted “Outstanding Adjunct Professor of the Year” by the graduating class 18 times in the last 25 years. Burt is co-author of “New York Civil Procedure Before Trial,” published by James Publications. He wrote the chapter and writes the annual pocket-part on “Parties” for “Commercial Litigation in New York State Courts,” published by West. He delivers an annual Civil Practice Update for the New York State Unified Court System Judicial Seminars, as well as the annual seminars for Law Clerks and Court Attorneys. He has lectured on New York Civil Practice at various Bar Associations throughout New York State, as well as the annual CPLR Update program for the Practising Law Institute.



Relationships: The Astonishing X-Factor in Improving the Legal Profession & Enhancing Productivity



FRIDAY, MARCH 22, 2019 | 9:00 AM - 10:45 AM

NY CLE Credit: 2.0 Law Practice Management

If you squirm when you hear the words “relationship”, “authentic”, “vulnerable”, “connection” or “intimacy”, you must be a lawyer. But be prepared to be surprised -- in this session, Dr. Larry Richard will share the latest powerful hard science about the unexpected potency of certain types of relationships, and how they are actually drivers of the things we all want in the practice of law: higher quality law practice, reduced risk of professional liability, productivity improvement, successful collaboration, innovation, good leadership, employee engagement and high morale. If any of these things matter to you, you should attend this session. Learn about four immediate steps that you can take to harness your relationships for success as a practicing lawyer.

Speaker: DR. LARRY RICHARD, J.D., PH.D.,
Founder & Principal Consultant, LawyerBrain LLC

Dr. Larry Richard is recognized as the leading expert on the psychology of lawyer behavior. He has advised dozens of AmLaw 200 law firms on leadership, management, and related issues such as teams, change management, talent selection, assessment, and other aspects of strategic talent management. Widely known as an expert on the lawyer personality, he has gathered personality data on thousands of lawyers. A graduate of the University of Pennsylvania Law School, Dr. Richard practiced law as a trial attorney for ten years. He then earned a Ph.D. in Psychology from Temple University. For more than 20 years, he has provided consulting services exclusively to the legal profession. Formerly a partner with Altman Weil, and more recently the head of the Leadership & OD Practice at Hildebrandt International, in 2011 he established his own consulting firm, LawyerBrain LLC, which focuses on improving lawyer performance through personality science. He focuses on resilience, change management, leadership, and talent issues. He is a frequent author and speaker on the use of positive psychology and applied behavioral science in helping law firms to succeed. He is a Gallup-certified Strengths Coach, and a licensed user of the MBTI, DiSC, and 15 other assessment tools.



Creating a More Inclusive Work Environment: Why Interrupting Implicit Bias Matters



TUESDAY, APRIL 16, 2019 | 9:00 AM - 10:45 AM

NY CLE Credit: 2.0 Diversity, Inclusion and Elimination of Bias

The way we relate to people often depends on how we perceive them. Unfortunately, our perceptions are rife with implicit biases that we have absorbed through socialization and media messages. This demonstrative and interactive program illustrates, through the use of exercises and dialogue, the ways that implicit biases invade our speech, thought processes and ultimate decision-making. This program interrupts biases by shedding light on them and providing practical guidance on creating more inclusive work spaces for lawyers and the legal community more broadly.

Speaker: MIRNA M. SANTIAGO, Founder, Girls Rule the Law

Mirna M. Santiago has over 20 years of legal experience, handling a range of matters from torts to professional liability to insurance coverage to regulatory affairs. In 2018, Mirna incepted the Girls Rule the Law program to introduce underrepresented middle and high school girls to the law and to provide them the opportunity to interact with mentors in the legal, judiciary and legislative fields. Mirna lectures on an array of topics – with a focus on diversity, inclusion and the elimination of bias – and has published on legal, as well as non-legal subjects. She has been a facilitator and presenter for the New York State Judicial Institute since 2015 and has held leadership roles in various Bar Associations. Mirna provides guidance to law firms, Bar Associations and institutions of higher learning on interrupting bias and creating more inclusive environments for all. Mirna has been featured in Latina Magazine and on NBC News speaking about the Afro-Latina experience. Education: New York University, B.A.; State University of New York at Buffalo, School of Law, J.D.; Columbia University Graduate School of Journalism, Certificate in Magazine and Book Publishing.



Hard Legal Ethics Questions: How to Resolve Them or, Even Better, Avoid Them



THURSDAY, MAY 16, 2019 | 9:00 AM - 10:45 AM

NY CLE Credit: 2.0 Ethics

Ideally, the questions of legal ethics that lawyers commonly encounter in everyday practice are easily answered by referring to the Rules of Professional Conduct or to other sources of guidance. This program is not interested in those questions, however. Its subject is hard questions – those that arise in situations where lawyers have strong conflicting impulses, where important principles are in tension, and where the rules themselves are silent or uncertain. Ideally, lawyers rarely if ever face hard ethics questions. But exploring what makes these dilemmas challenging, the practical and procedural mechanisms for resolving them, and the possible ways of avoiding them, should provide useful insights and lessons for addressing, resolving and avoiding lawyers' more common ethics dilemmas as well. Professor Bruce Green, who chairs the New York City Bar's Committee on Professional Ethics, will lead a panel of committee members through this exploration.

Panel Chair: **BRUCE A. GREEN**, Louis Stein Chair of Law & Director, Stein Center for Law and Ethics, Fordham Law School

Panelists: **DAI WAI CHIN FEMAN**, Parabellum Capital; **DEVIKA KEWALRAMANI**, Moses & Singer LLP; **GERI S. KRAUSS**, Krauss PLLC; **SANJIT S. SHAH**, Mound Cotton Wollan & Greengrass LLP

Bruce A. Green is the Louis Stein Chair at Fordham Law School, where he directs the Louis Stein Center for Law and Ethics. He teaches and writes in the areas of legal ethics and criminal law, and has co-authored a casebook, *Professional Responsibility: A Contemporary Approach* (West, 3d ed. 2017). He chairs the New York City Bar's Committee on Professional Ethics, serves on the Multistate Professional Bar Examination drafting committee, and is a member and past chair of the N.Y. State Bar Association's Committee on Professional Ethics. He previously chaired the ABA Criminal Justice Section, served on the ABA Standing Committee on Ethics and Professional Responsibility, was the Reporter to both the ABA Task Force on Attorney-Client Privilege and the ABA Commission on Multijurisdictional Practice, and co-chaired the ethics committees of the ABA Litigation Section and the ABA Criminal Justice Section. Since joining the Fordham faculty in 1987, Professor Green has also engaged in various part-time public service, including as a member of the New York City Conflicts of Interest Board, as a member of the attorney disciplinary committee in Manhattan, as Associate Counsel in the office of the Iran/Contra prosecutor, and as a consultant and special investigator for the N.Y.S. Commission on Government Integrity. Previously, Professor Green was a federal prosecutor in the Southern District of New York, where he served as Chief Appellate Attorney, and he was a judicial law clerk to Justice Thurgood Marshall and Circuit Judge James L. Oakes. He is a graduate of Princeton University and Columbia Law School.

Not a member? ▶▶▶

We invite you to join 24,000 of your colleagues who are in private practice, public service, the judiciary, government, academia, in-house and law school and who all share membership in this extraordinary organization.

The New York City Bar Association offers endless opportunities to enhance your skills and to explore all of the possibilities the profession has to offer.

Our committees help shape policy and frame debate on pressing legal issues. Apply to join one of our 150 committees to expand your professional network, gain leadership skills and create business development opportunities.

Members who are recent law graduates (not yet admitted), newly admitted attorneys (admitted 2016 – 2018), in-house/corporate counsel, work in government, academia, non-profit, or a judge (or work for a judge) can attend all CLE programs four hours or less for free as part of their membership. This includes live programs, live webcasts and on-demand.

Other members have unlimited access to all CLEs four hours or less for a flat annual rate of \$499 with Select CLE (\$399 for solo practitioners for Select Solo CLE). The package will include live programs, live webcasts and immediate access to hundreds of hours of on-demand programs.

We also offer a variety of ways to further your career: discounted and free CLE programs, reference materials and free access to online databases in the nation's largest private law library, as well as free remote online access to Casemaker, resources to run & grow your practice from the Small Law Firm Center, Legal Referral Service panel membership, Ethics Hotline and member discounts on a wide variety of products, services and more.

Join today using promo code PDWB19 and we will waive your one-time admission fee equal to an entire year's dues. You'll only have to make one semi-annual payment to start taking advantage of everything the City Bar has to offer, including free admission to the Professional Development Workshop Series.

For questions, more information, or to join, visit www.nycbar.org/JoinPDW or contact the Customer Relations Department at 212.382.6665 or membershipservices@nycbar.org.

REGISTRATION

2019 PROFESSIONAL DEVELOPMENT WORKSHOP SERIES

Please indicate which workshop(s) you will be attending.

- Mindfulness for Lawyers: Improving Focus, Productivity, and Well-Being**
January 16
- Say It Well: Communication Skills for Lawyers to Maximize Clarity, Demonstrate Credibility, and Enhance Delivery**
February 14
- Relationships: The Astonishing X-Factor in Improving the Legal Profession & Enhancing Productivity**
March 22
- Creating a More Inclusive Work Environment: Why Interrupting Implicit Bias Matters**
April 16
- Hard Legal Ethics Questions: How to Resolve Them or, Even Better, Avoid Them**
May 16

Join today using promocode PDWB19 and we will waive your one-time admission fee equal to an entire year's dues. You'll only have to make one semi-annual payment to start taking advantage of everything the City Bar has to offer.

Join now at <http://www.nycbar.org/joinPDW>

- ▶ All workshops are from **9:00 AM - 10:45 AM**.
- ▶ New York City Bar Members & Attorneys from **Sponsoring Law Firms: Free**
Non-Members: \$75
- ▶ **All Workshops will be held at the New York City Bar Association, 42 West 44th Street, New York, NY 10036**
- ▶ To register please call (212) 382-6663, or mail this registration form to the address above, attention City Bar Center for CLE, or register online at www.nycbar.org/pdw.

Name _____

Firm _____

Address _____ Floor/Suite _____

City _____

State _____ Zip _____

Phone _____ Cell _____

Email _____

Earliest Year of Admission _____